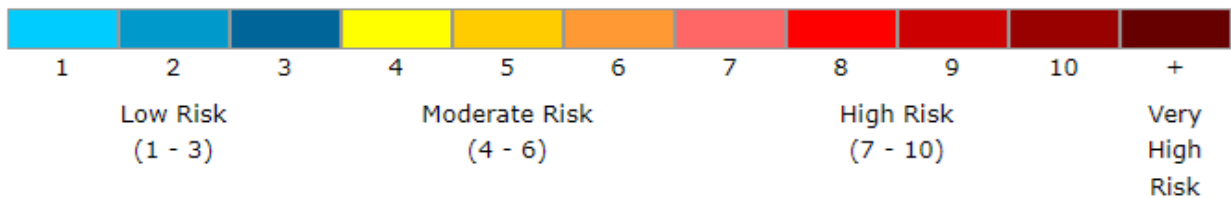


Air Quality - DBB Club Policy

The Health and Safety of Athletes are paramount. To that end, our club has implemented an Air Quality Policy following guidelines set by The Ministry of the Environment, Conservation and Parks.

The Ministry has a network of 38 ambient (outside) air monitoring stations across the province that collect real-time air pollution data. This information is communicated to the public through Ontario's new Air Quality Health Index (AQHI) and as hourly concentrations of each pollutant.

The Air Quality Health Index and data collected from their monitoring stations are posted on their website every hour, 24 hours a day, seven days a week.



<https://www.airqualityontario.com/aqhi/today.php?stationid=47045> - Barrie Air Quality

Health Risk	Air Quality Health Index	Health Messages		
		DBB Policy	At Risk Population	General Population
Low	1 to 3	Proceed as normal practice	Enjoy your usual outdoor activities.	Ideal air quality for outdoor activities.
Moderate	4 to 6	Proceed as normal practice	Consider reducing or rescheduling strenuous activities outdoors if you are experiencing symptoms.	No need to modify your usual outdoor activities unless you experience symptoms such as coughing and throat irritation.
High	7 to 10	Moderate / Modified practice at Coach's discretion.	Reduce or reschedule strenuous activities outdoors. Children and the elderly should also take it easy.	Consider reducing or rescheduling strenuous activities outdoors if you experience symptoms such as coughing and throat irritation.
Very High	Above 10	Practice to be cancelled.	Avoid strenuous activities outdoors. Children and the elderly should also avoid outdoor physical exertion.	Reduce or reschedule strenuous activities outdoors, especially if you experience symptoms such as coughing and throat irritation.

Approved by the Board of Dragon Boat Barrie, Feb 20, 2024 .